

**Before the
Federal Communications Commission
Washington, D.C. 20554**

In the Matter of)	
)	
Reassessment of Federal Communications)	ET Docket No. 13-84
Commission Radiofrequency Exposure Limits and)	
Policies)	
)	
Proposed Changes in the Commission’s Rules)	ET Docket No. 03-137
Regarding Human Exposure to Radiofrequency)	
Electromagnetic Fields)	
)	

To: Office of the Secretary
 Federal Communications Commission
 Washington, DC 20554

Comment Filed by: April Rundquist
 901 Newcombe St.
 Lakewood, CO 80215
 Windfeather118@aol.com
 303-278-8498

August 28, 2013

I started noticing certain electrical things when I was twelve, small annoyances like my LED alarm clock interrupting my sleep if I kept it on my headboard even with the light covered up. In 2007, Jefferson County Public Library got RFID and, to my horror and complete surprise, it was so disorienting and painful in there after the installation that I haven't been back since. In 2009 during the T.V. switchover to digital we got a converter box and I couldn't stand it at all; it was just torture the whole time it was plugged in. We haven't watched broadcast television since. When we got a new microwave the same thing happened - terrible sensations in my head and garbled thinking just with it plugged in, not even while it was running. There wasn't anywhere in the house I could go that I couldn't feel either of these devices somewhat. When my CD player broke, the new ones made me physically weak in seconds and MP3 players were even worse, most of those giving me head pain besides.

I had never even heard of electrohypersensitivity at this time. I had no idea what was going on with me with this. One of the big arguments against ES is people think you're afraid of new technology. How can you be afraid of a problem you don't even know exists?

That changed in October of 2010, when a strong electromagnetic frequency engulfed the entire area where we live for three weeks. It made me feel like my brain was being tied in knots. I couldn't think straight. I was having serious difficulty eating and sleeping and breathing. After one week my mom shipped me off to Alpine, TX to stay with relatives in the hopes that I could escape whatever was going on. We couldn't get anybody to help us - not the police, not the TV investigators, not even our local branch of the FCC (they came out weeks later when it had dropped back into the legal range.) The meter my mom had purchased was giving readings of 8 all over town when the legal ambient limit is 3! Alpine was no escape; the Border Patrol towers made sleeping even harder but at least I could nominally function while awake. I was in pain though, so bad my eyes were watering constantly. After three weeks this electromagnetic radiation just stopped as mysteriously and suddenly as it started. But it left both me and my mom permanently sensitized, me much worse than her.

Between this and increasing sensitivity to chemicals I have been unemployed for about three years now. There is literally nowhere I can work; the new energy-efficient lighting just finished off anything that was left (including the buses I would need for transportation); I get so weak so *fast* around those things and at close range they really hurt my head and make me tired. My time in the outside world is extremely limited now; I can only be in most stores for about ten minutes and the effect appears to be cumulative over the period of a day or two.

Wireless radiation has been the hardest to mitigate. There are so many places I can't go anymore. I get brain fog, confusion and physical weakness around it, it feels awful. Big cities are out. So is almost any kind of travel. All my appliances and gadgets are old. We still have AOL dialup internet because all the other options are literally too hot to handle. The last time we had to update just the dialup service our internet was so painful for me that I couldn't stand to be in the house when it was logged on for *five months*. My mom had to handle my email for that amount of time. We can't do it again. It's real slow but it's better than the alternative.

I have become a nomad in my own house, living where it's least painful this month (it keeps changing) and sleeping wherever I can get some rest, usually on the floor somewhere. I haven't slept in my own bed in years. It's gotten harder to find good spots within the last year. I've tried all the shielding products and stuff and none of it works for me. I don't even want to imagine this getting worse but it will if RF policy stays the way it is or gets any more lenient.

I could go on for days but you get the idea. I don't want to be a financial sponge on anyone. I just want to have a productive, meaningful life. And I can't do that now. As of this writing I am waiting for my first disability appeal.

I do not recall it being legal in this country to sell electronics that have not been fully tested for safety but this is precisely what is happening in our wireless industry currently. The American public is not a test subject, and if we are we should be compensated.

I understand that the studies concerning RF and living organisms - especially humans - have had very conflicting results so far and are therefore inconclusive. However, this does not imply safety, merely that we don't fully understand the mechanism of RF on a biological level yet. More thorough and unbiased study is obviously necessary. The EPA was studying the effects of non-ionizing radiation back in the 1980s. It would make sense to have them continue their work so we can hopefully come to a definitive conclusion about this issue rather than batting it around for another few decades while goodness-knows-what is happening to us and our world. While they are working on this, it would be prudent to place a moratorium on further 'Smart Meter' installations, cellular tower and antenna erections, etc., until we know for certain.

Respectfully submitted by

April A. Rundquist